



St. Mary, Mother of the Church
P.O. Box 780 103 Jackson Street
Fishkill, NY 12524

Bereavement Ministry Support Group

2018-19 CareNote Meeting Topics

April - No Bereavement Meeting
GriefShare in the Afternoon and Evening

Thursday, May 9, 2019 - 1:00 only
"Losing Someone Close"

Thursday, June 13, 2019 - 1:00 pm only
"Grieving in Your Own Way"

Thursday, July 11, 2019 - 1:00 and 7:00 pm
"What Grieving Does to the Body"

Thursday, August 8, 2019 - 1:00 and 7:00 pm
"Taking Care of Yourself While Grieving"

The CareNote sessions include: Prayers, a CareNote Reading, and Group Reflection.
in St. Mary's Chapel, on Bedford Avenue, Fishkill, NY.
Catherine Cwiakala, LMSW, St. Mary's Grief Counselor will present the monthly Bereavement Meetings
using Abbey Press CareNotes with the assistance of Dean Lore and Kathy Rigney.

For further information and/or to register please call Catherine at St. Mary's Parish Office at 845-896-6400