



September 20, 2018

*"God chose you, and appointed you to go and bear fruit."* John 15:16

Mission Possible. Go Make a Difference!

Dear Parents and Guardians,

Here are the highlights for this week's Communicator:

**Picture Day is next Monday, September 24 and the envelopes were sent home last week.** The money for photos needs to be in the child's hand that day. If the money comes in early, the teacher will hold it. For students that may be ill (we hope not!), or not in attendance next Monday, Picture Retake Day is Thursday, November 1. Preschool students that do not attend on Mondays, may come in on September 24 in the morning for just a photo with their parents.

The **Parent-Student Handbook Agreement** sent home two weeks ago needs to be returned. We will need to restrict all technology use and field trips if we do not have the agreement now. *Thank you for returning the agreement form.*

Mark your calendars for our **Marathon on Saturday, October 6<sup>th</sup>**. All students and families are invited to participate and everyone participates in the fundraising. We have a big goal of \$25,000.00, but we make it every year. It takes effort on everyone's part! Please continue to bring in sponsorship dollars and thank you! Please consider sending in \$5.00 for Breakfast with the Principal and Pastor that morning beginning at 8:00.

**Grandparents/Grand Friends Day is Thursday, October 4<sup>th</sup>**. The details are on the enclosed flyer. If you have someone that may attend, please complete and send back with your child so we can plan for the guests.

We have started out the school year with great attitudes from the students! Thank you for blessing our school with your children!

God Bless You!

Jane Bona, Principal

Mission Statement

The School of the Immaculate Conception is a Catholic community ministering to the children within the parish and throughout the surrounding neighborhoods. In the name of Jesus Christ, we are dedicated to fostering academic excellence, spiritual growth, and a strong commitment to living Gospel values.

# Hot Lunch Order Form for October 2018

"This institution is an equal opportunity provider."

All orders are due by 8:00 a.m. on

**Monday, September 24<sup>th</sup>**

- ✓ **Hot lunches need to be PRE-ORDERED in order to be served!**
- ✓ Parents **PLEASE** mark down the days your child(ren) will be having hot lunch. Each child will need their own order form.

**We are in need of helpers every month!**

Please consider volunteering. We need the help. Volunteers are asked to be at school by 11:15 a.m. to prepare for serving. Clean-up will take until about 12:30 p.m.

\*\*\*\*\*

**Please check only the dates that your child will be ordering hot lunch.**

1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_ 5 \_\_\_  
 8 \_\_\_ 9 \_\_\_ 10 \_\_\_ 11 \_\_\_ 12 \_\_\_  
 15 \_\_\_ 16 \_\_\_ 17 \_\_\_ X X  
 22 \_\_\_ 23 \_\_\_ 24 \_\_\_ 25 \_\_\_ 26 \_\_\_  
 29 \_\_\_ 30 \_\_\_ 31 \_\_\_

\_\_\_\_\_ X \$3.00 = \$ \_\_\_\_\_  
 (# of orders)

**Please check all the dates you could volunteer to help in the cafeteria during lunch time.**

1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_ 5 \_\_\_  
 8 \_\_\_ 9 \_\_\_ 10 \_\_\_ 11 \_\_\_ 12 \_\_\_  
 15 \_\_\_ 16 \_\_\_ 17 \_\_\_ X X  
 22 \_\_\_ 23 \_\_\_ 24 \_\_\_ 25 \_\_\_ 26 \_\_\_  
 29 \_\_\_ 30 \_\_\_ 31 \_\_\_



**You must pay for the meals you are ordering now or this form will be returned to you. The exact amount in the form of cash or a check (payable to ICS) must accompany each order when turned in.**

**Student's Name** \_\_\_\_\_ **Grade** \_\_\_\_\_

**Volunteer's Name** \_\_\_\_\_ **Phone #** \_\_\_\_\_



DINING SERVICES

K - 8 OCTOBER LUNCH MENU 2018-2019

Revised 9-4-2018


Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1st</p> <p>French Toast Turkey Sausage Celery Sticks Chilled Tropical Fruit Mango Juice Syrup</p> <p>ALTERNATE: Southwest Chicken Wrap</p>	<p>2nd</p> <p>Beef Hot Dog Vegetarian Baked Beans WG Hot Dog Bun Cauliflower Florets Fresh Banana Ketchup Ranch Dressing ALTERNATE: Turkey Club Sub</p>	<p>3rd</p> <p>Chicken Drumstick Loaded Mashed Potatoes Whole Grain Cookie Kale/Romaine Salad Fresh Strawberries Italian Dressing</p> <p>ALTERNATE: Chicken Cheedar Wrap</p>	<p>4th</p> <p>Turkey Cheeseburger Roasted Red Potatoes Hamburger Bun Shredded Lettuce Fresh Carrots Fresh Grapes Ketchup ALTERNATE: Turkey &amp; Spinach Sandwich</p>	<p>5th</p> <p>Turkey &amp; Swiss Clabatta Turkey Chili Chicken WG Slider Bun Fresh Broccoli Fresh Apple Sweet &amp; Sour Dip Ranch Dressing ALTERNATE: Turkey &amp; Swiss Clabatta</p>
<p>6th</p> <p>Meatball Hoagie Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Tater Tots &amp; Ketchup Fresh Zucchini &amp; Ranch Chilled Peas ALTERNATE: Turkey Club Sub</p>	<p>9th</p> <p>Chicken Tacos WG Tortilla Shredded Cheddar Cheese Shredded Romaine Refried Beans Fresh Apple Taco Sauce ALTERNATE: Chicken Cheedar Wrap</p>	<p>10th</p> <p>Chicken Ala King Creamy Mashed Potato WG French Bread Fresh Broccoli Fresh Melon Butter PC Ranch Dressing ALTERNATE: Roast Turkey And Cheese Sandwich</p>	<p>11th</p> <p>Chicken Patty Green Beans WG Hamburger Bun Fresh Carrots Fresh Grapes Ranch Dressing Mayo Packet ALTERNATE: Chicken Caesar Wrap</p>	<p>12th</p> <p>Italian Seasoned Beef WG Garlic Toast Grape Tomatoes Romaine &amp; Iceberg Blend Fresh Apple Mozzarella Cheese Ranch Dressing ALTERNATE: Turkey &amp; Swiss Clabatta</p>
<p>15th</p> <p>Cheeseburger Vegetarian Baked Beans Hamburger Bun Fresh Carrots Fresh Apple Ketchup Ranch Dressing ALTERNATE: Turkey Club Sub</p>	<p>16th</p> <p>BBQ Beef Riblet Glazed Carrots Hoagie Roll Fresh Broccoli Fresh Banana Ranch Dressing ALTERNATE: Chicken Cheedar Wrap</p>	<p>17th</p> <p>Chicken Alfredo WG Penne Pasta WG French Bread &amp; Butter PC Romaine Salad Celery Sticks Craisins Italian Dressing ALTERNATE: Roast Turkey And Cheese Sandwich</p>	<p>18th</p> <p>Chicken Strips Shredded Corn Cucumber Coins Fresh Melon BBQ Dipping Sauce ALTERNATE: Chicken Caesar Wrap</p>	<p>19th</p> <p>Walking Taco Beef WG Nacho Chips Shredded Cheddar Cheese Shredded Romaine Fresh Carrot Stick Chilled Peaches Ranch Dressing ALTERNATE: Turkey &amp; Swiss Clabatta</p>
<p>22nd</p> <p>Turkey Mini Corn Dogs Vegetarian Baked Beans Fresh Carrots Fresh Apple Ketchup Ranch Dressing ALTERNATE: Southwest Chicken Wrap</p>	<p>23rd</p> <p>BBQ Chicken Slider Mac &amp; Cheese WG Hamburger Bun Jicama Zucchini Coins Fresh Banana Ranch Dressing ALTERNATE: Turkey Club Sub</p>	<p>24th</p> <p>Beef Nachos Cheese Sauce Corn Tortilla Chips Broccoli Chilled Pineapple Salsa ALTERNATE: Chicken Cheedar Wrap</p>	<p>25th</p> <p>Cheese Stuffed Breadsticks Marinara Dipping Sauce Vegetable Blend Fresh Melon ALTERNATE: Turkey &amp; Spinach Sandwich</p>	<p>26th</p> <p>Italian Meat sauce WG Penne Pasta Fresh Pea Pods Carrot Sticks Fresh Grapes Ranch Dressing ALTERNATE: Turkey &amp; Swiss Clabatta</p>
<p>28th</p> <p>Chicken Flatbread Gyro WG Flatbread Cucumber Coins Shredded Romaine, Diced Tomatoes Mandarin Oranges Ranch Dressing &amp; Sour Cream PC ALTERNATE: Turkey Club Sub</p>	<p>30th</p> <p>Beef Tacos Seasoned Black Beans WG Tortilla Shredded Cheddar Cheese Shredded Romaine Fresh Banana Taco Sauce ALTERNATE: Chicken Cheedar Wrap</p>	<p>31st</p> <p>Popcorn Orange Chicken Fried Vegetable Brown Rice Fresh Broccoli Fresh Melon Ranch Dressing Orange Sauce ALTERNATE: Roast Turkey And Cheese Sandwich</p>	<p>Nov 1st</p> <p>BBQ Chicken Meatballs Potato Wedges Cornbread Grape Tomatoes Applesauce Ketchup ALTERNATE: Chicken Caesar Wrap</p>	<p>Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit <a href="http://dining.lancercampuslife.com">dining.lancercampuslife.com</a> for more information.</p>

MILK VARIETY SERVED AT EVERY MEAL. FAT FREE SKIM, 1% OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

**IMMACULATE CONCEPTION CATHOLIC SCHOOL**  
**4030 Jackson St NE, Columbia Heights**  
**763-788-9065**

God our Father, each day we have many choices. Help us to know what serves you, and give us the courage to do what is right. We know that you love and care for us, and we seek to serve you in return. We ask this in the name of Jesus Christ. Amen.

◀ September		<b>October 2018</b>					November ▶
	<b>1</b> Home Volleyball A-Squad 4:30 C Squad 5:15	<b>2</b> Band 10:45-11:15	<b>3</b> 12:45 - Crestview Grade 6	<b>4</b> Grandparent's Day  1:30 Mass  Home Volleyball A-Squad 4:00 C Squad 4:45  Interim Reports	<b>5</b> NWEA Test Ends  Band 9:20-9:40	<b>6</b> <b>MARATHON TODAY</b>  AWAY A-Squad Soccer at 9:10 am	
<b>7</b>	<b>8</b> Columbus Day  Home Volleyball A-Squad 4:30 C Squad 5:15  AWAY A-Squad Soccer at 7:00 pm	<b>9</b> Band 10:45-11:15	<b>10</b> Mass of the Holy Spirit US Bank Stadium Grades 4-8  <u>Pre-3 Lunch only today</u>  12:45 - Crestview Grade 3  Home Volleyball A-Squad 4:00 C Squad 4:45	<b>11</b>  Mass 8:30  Library Visit Kind – 9:45	<b>12</b> ICS Teresa Daley Volleyball Tournamen Home  Band 9:20-9:40	<b>13</b> ICS Teresa Daley Volleyball Tournamen Home  AWAY A-Squad Soccer at 9:00 am	
<b>14</b> ICS Teresa Daley Volleyball Tournamen Home	<b>15</b> AWAY Volleyball A-Squad 4:00 C Squad 4:45  Parent/Teacher Conferences 3:30-7:00	<b>16</b> Band 10:45-11:15  Library Visits Grade 2 – 10:30 Grade 1 – 1:00 Grade 4 – 2:15  Parent/Teacher Conferences 3:30-7:00	<b>17</b> Parent Drive Day  Mass 8:30  12:45 - Crestview Grade 2	<b>18</b> <u>NO SCHOOL</u>  Teacher MEA	<b>19</b> <u>NO SCHOOL</u>  Teacher MEA	<b>20</b>	
<b>21</b>	<b>22</b> <b>NOV HOT LUNCH Orders Due in AM</b>  <b>LAST DAY to turn in Marathon Pledge \$\$</b>	<b>23</b> Band 10:45-11:15	<b>24</b> 12:45 - Crestview Grade 5	<b>25</b>  Mass 8:30   Library Bulk Pick-Up	<b>26</b>  Band 9:20-9:40	<b>27</b>  Oktoberfest	
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b> Halloween  12:45 - Crestview Grade 1  	<b>Notes:</b>  <b>There will be NO JOURNEYS on days there is NO SCHOOL.</b>			



*IMMACULATE CONCEPTION SCHOOL  
GRANDPARENT'S DAY CELEBRATION  
THURSDAY, OCTOBER 4, 2018*

**Special Events**

Fun and Fellowship with your ICS student(s)

All-School Bingo  
Refreshments with your ICS student(s)  
All-School Mass

**Who: Grandparents / Grand Friends of ICS students.** Each child is encouraged to have someone present -- i.e. grandparent, aunt, uncle, neighbor, family friend, godparent, etc.

**What: A celebration of Grandparents / Grand Friends in the lives of our ICS students.**

**When: Thursday, October 4, 2018 from 12:30 pm – 2:30 pm**

It begins at 12:30 pm – Refreshments with your ICS students(s)

12:45 pm - Bingo

1:20 pm - Proceed to church for 1:30 Mass

1:30 pm - Mass

2:15-2:30 pm - Dismissal/Departure of grandparents and friends from Church

3:00 pm - Regular student dismissal

**Where:** Student Council and teachers will direct Grandparents/friends where to meet their ICS student(s). We ask that Grandparents/Friends do not arrive before 12:20 pm.

At church, Grandparents/friends are encouraged to sit with the children they are visiting. All children from one family may sit together for this Mass. Faculty will assist you in finding a seat in Church.

**Return this bottom half for reservation**

.....

**Celebration Day of Grandparents / Grand friends**

**Please RSVP to ICS by Mon., Oct. 1st so we can get an accurate count for refreshments. Thank you!**

Name of student	Gr	Rm #	Name of Guest(s)	1*	2*	3*

**\* Use the list below to check off boxes 1, 2 or 3**

1. I will attend and enjoy refreshments and bingo in the classroom, 12:30 - 1:15 pm.
2. I will be attending Mass with my ICS child, 1:30 pm
3. I cannot attend. Please find someone to "Adopt my child" for the day.

# REMINDER

RECORDATORIO

## PICTURE DAY IS

EL DÍA DE LA FOTO ES

Monday, September 24, 2018  
Lunes, 24 de septiembre, 2018

Order online before Picture Day  
with your Picture Day ID at

**mylifetouch.com**

Encarga online antes del Día de la Foto con tu ID del Día de la Foto  
en [mylifetouch.com](http://mylifetouch.com)

Immaculate Conception School

**Picture Day ID: MI268073Y0**



Shutterfly

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8x8 PHOTO BOOK  
WHEN YOU ORDER ONLINE  
AT MYLIFETOUCH.COM\***

Disfruta de un álbum fotográfico de 8x8 gratis  
cuando encargas online.

\*Taxes, shipping and handling will apply. See  
[shutterfly.com/mylifetouch](http://shutterfly.com/mylifetouch) for more details.  
Se aplican cargos de impuestos, envío y manipulación.  
Ingresa en [shutterfly.com/mylifetouch](http://shutterfly.com/mylifetouch) para conocer más detalles.

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IMMACULATE  CONCEPTION  
—Catholic Church—

# HEALING MASS

Followed by Healing Prayers

Thursday, October 4, 2018 • 5:00 pm

**Father Ubald Rugirangoga—Celebrant**



Fr. Ubald has been a Roman Catholic priest for 25 years in southeastern Rwanda. During the 1994 genocide he lost over 80 members of his family and over 45,000 of his parishioners were exterminated. He escaped through the Congo on foot and spent 3 months in Belgium during the genocide. After a trip to Lourdes where he heard Jesus tell him “Ubald, carry your cross,” he felt a release from the burden of his sorrows and knew he was called to preach healing, forgiveness and reconciliation.



Fr. Ubald has a beautiful healing gift and his focus is on healing and evangelization wherever he goes. There are many documented cases of physical healings, spiritual healings, healings in relationships and emotional healings through his prayers. It is not uncommon for him to do a healing service in his country where anywhere from 10,000-60,000 people will be in attendance. Learn more about Fr. Ubald’s ministry at [www.FrUbald.com](http://www.FrUbald.com)



~ All Are Welcome ~

**Immaculate Conception Catholic Church**

**4030 Jackson St NE, Columbia Heights • ICCOnline.org • 763-788-9062**

 [ICChurchandSchool](https://www.facebook.com/ICChurchandSchool)  [ic.church.school](https://www.instagram.com/ic.church.school)

JOIN US FOR COLUMBIA HEIGHTS FIRE DEPARTMENT'S ANNUAL



# OPEN HOUSE

SATURDAY, SEPTEMBER 22nd 2018  
825 41st AVE NE, COLUMBIA HEIGHTS  
11 AM TO 2PM



STAY LOW AND CRAWL  
SMOKE TUNNEL



KITCHEN FIRE  
SAFETY TRAILER



MN DNR FIREFIGHTERS  
& FIRE ENGINE



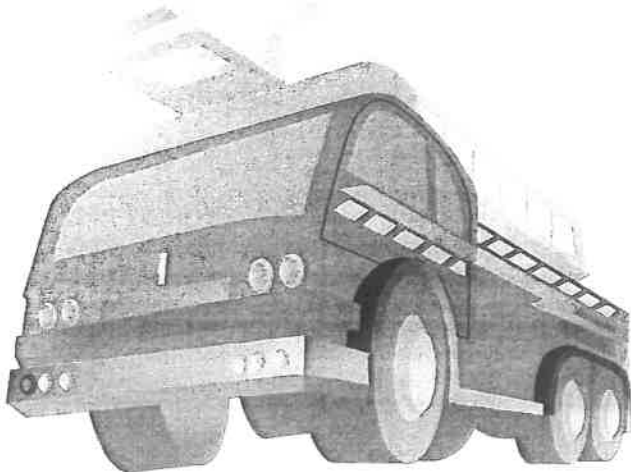
MINNESOTA  
DALMATION CLUB



FIRE SAFETY  
INFORMATION



GRANDPA'S  
ICE CREAM  
FOOD TRUCK  
PREMIUM ICE CREAM FOR SALE



KIDS ACTIVITIES  
FIRE HOSE & TARGET  
COLORING CONTEST  
PUMPKIN PATCH  
BOUNCE HOUSE