

**Year of Faith**  
**Liturgical Minute No. 25**  
**“Faith – The Candle that Lights Our Way”**

Faith is a tutor that teaches us how to live. Faith is like a candle that lights our way, enlightens our understanding, and gives us knowledge of the truth.

Faith is a physician that shows us the remedies by which we can cure the illness of our soul. Faith is a constitution that gives us the laws of good living. Faith is a gardener that assists us in our spiritual growth.

Faith is the sun that brightens the darkness and shows us the way we should travel. Faith is a roadmap by which the wise man directs the steps of his life. Faith goes before us in the struggles of life to point out the ambushes of the enemy, and guides us by way of a safe path.

Faith grasps what reason itself cannot understand. Faith passes beyond the limits of human reason and the boundaries of experience. Faith is the wings of prayer by which we soar to the presence of God.

Deacon Gary Nelson

Major source: Father James M. Sullivan, O.P., The Magnificat Year of Faith Companion