

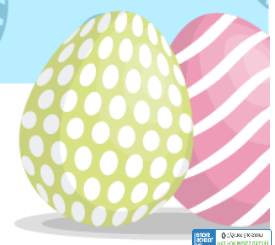
# APRIL 2019

## Cold Lunch

**Nutritional Development Services**

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Turkey BLT Wrap Orange Celery Sticks	<b>2</b> Buffalo Chicken Salad On Romaine Mix Whole Grain Breadstick Apple	<b>3</b> Roast Beef and Cheese On a Whole Grain Bun Pear Fiesta Corn Salsa	<b>4</b> Chicken Caesar Wrap Applesauce Cup Fresh Tomato Salad	<b>5</b> Tuna Salad On Whole Grain Flatbread Orange Garbanzo Bean Salad
<b>8</b> Goldfish Protein Pack Turkey and Cheese Whole Grain Goldfish Bread Apple Slices Chilled Baby Carrots	<b>9</b> Chicken Salad On a Whole Grain Bun Orange Fiesta Corn Salsa	<b>10</b> Veggie Hummus Protein Pack Whole Grain Pits Applesauce Cup Peppers, Cucumbers, Carrots, Celery	<b>11</b> Turkey Cobb Salad With Romaine Mix With Two Whole Grain Breadsticks Pear	<b>12</b> American Cheese Hoagie Orange Chilled Black Bean and Corn Salsa
<b>15</b> Grilled Chicken On a Whole Grain Bun Orange Garbanzo Bean Salad	<b>16</b> Turkey Ham and Cheese On Whole Wheat Bread Sliced Apples Fiesta Corn Salsa	<b>17</b> Chicken Caesar Salad On Romaine Mix With Two Whole Grain Breadsticks Pear	<b>18</b> Buffalo Chicken Wrap Orange Celery Sticks	<b>19</b> Egg Salad On a Whole Grain Croissant Applesauce Cup Tomato Salad
<b>22</b> Beef Bologna and Cheese On Whole Wheat Bread Orange Grandma's Potato Salad	<b>23</b> Chipotle Turkey Wrap Apple Three Bean Salad	<b>24</b> Turkey and Cheese On Whole Wheat Bread Pear Chilled Baby Carrots	<b>25</b> Grilled Chicken On a Whole Grain Bun Orange Broccoli	<b>26</b> Veggie Hummus Pack Whole Grain Pita Applesauce Cup Peppers, Cucumbers, Carrots, Celery
<b>29</b> Turkey BLT Wrap Orange Celery Sticks	<b>30</b> Buffalo Chicken Salad On Romaine Mix Whole Grain Breadstick Apple			



**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.