

NURSE'S NOTES----- 2/19/19

Flu: I wanted to give our parents and staff an update on our school and the flu. At this time we have had 12 documented cases of the flu that I am aware of. I have asked parents to share information when they find out so I can log, and share with the Middlesex County Health Department. Please continue to do this!! Over the past few weeks these cases have surfaced, but not all at one time. In addition, we have also seen stomach viruses, sinusitis etc.

The prediction is that in N.J. we will be seeing flu till the end of March. There is still time to get the flu shot. This year the Center of Disease Control feels the flu vaccine has been very effective!

Once again our greatest defense is good handwashing, staying home when ill, and coughing into arm rather than at another person. Please go over these reminders with your children. Students must be fever and symptom free before returning to school!!

Holidays/Birthdays: As I have said many times over.... "Goodie Bags" are not permitted to be sent in during celebrations! It is time consuming for me/teachers to weed through when candy that is not on our safe list appears in the bags. They will be sent home!! We prefer other items such as erasers, pencils, stickers!! Let's move away from candy!!

As always I appreciate your cooperation to these matters!

Dotty Picazio R.N.

