RETROUVAILLE

Do you feel lost, alone or bored in your marriage?

• Are you frustrated, hurt or angry with your spouse?

• Are you constantly fighting? Or, do you simply shut down?

• Have you thought about separation or divorce?

• Does talking about it only make it worse?

RETROUVAILLE is a Lifeline to Help Couples Heal and Renew their Marriages sponsored by the Office of Family Life, Secretariat of Pastoral and Family Life, Diocese of Metuchen, NJ.

RETROUVAILLE consists of a weekend experience for married couples (no group discussions) with six follow-up sessions. All inquiries are confidential. For further facts, kindly contact the Family Life Office 732-243-4573, Rich & Annette Colasuonno 732-236-0671.

The word *Retrouvaille* (pronounced retro-vie) is a French word meaning rediscovery. The program is intended for couples with marital problems in including those who are considering marriage separation and those who are already separated or divorced but want to try again to save their marriage.

Some couples come to *Retrouvaille* during the initial signs of a marriage problem. Other couples are in a state of despair and hopelessness when they attend the program. These latter couples often consider the Retrouvaille program their final option.

The *Retrouvaille* Program consists of a weekend experience combined with a series of six post-weekend sessions over 2 months. The Diocese of Metuchen offers two such programs a year. The program provides the tools to help put a marriage in order again. The main emphasis of the program is on communication in marriage between husband and wife. It will give a couple the opportunity to rediscover each other and examine their lives together in a new and positive way.

The program offers tools needed to rediscover a loving marriage relationship. Thousands of couples headed for cold, unloving relationships or divorce have successfully overcome their marriage problems by attending the program.

For more information please contact: amatos@diometuchen.org